

Longevity. Preventative Health. Wellness.

Your Luxury Wellness Oasis

à la carte





"Let Christell Life guide you towards a path of holistic wellness, where every treatment is a step towards a healthier, happier you, enhancing your longevity and nurturing preventative health."

Dr. Shanika Arsecularatne

CEO & Medical Director MBBS, PG Dip Dermatology (UK), AAAM Dip (USA)



Journey to Wellness

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Christell Life Your Luxury Wellness Oasis

Welcome to Christell Life, where over 30 years of expertise in beauty and wellness come together to craft transformative experiences. Combining Sri Lanka's rich Ayurvedic traditions with cutting-edge treatments, our award-winning team delivers personalized services that rejuvenate body, mind, and spirit. Christell Life is the only destination in Sri Lanka to blend ancient therapies with modern medicine, creating a sanctuary of balance, vitality, and harmony. Step into a world where wellness meets serenity, and emerge feeling revitalized and confident.

> Longevity. Preventative Health. Wellness.

Unique Benefits We Bring to Our Clients

Island Resort Benefits

Experience the tranquility and natural beauty of our exclusive island resort, offering a serene environment that enhances your wellness journey.

Pioneering Wellness

Christell Life is the first and only wellness resort in Sri Lanka to offer a unique combination of traditional Ayurveda wellness therapies and integrative wellness therapies.

Bespoke Wellness for the Ultra-Busy

Our personalized treatment plans seamlessly integrate into your busy lifestyle, ensuring maximum benefit without compromise. Crafted by our expert team, these tailored schedules cater to your unique needs, whether for a quick refresh or an extended retreat.

Exclusive Integration of Traditional and Modern Treatments

Sri Lanka's sole destination is merging Ayurvedic traditions with integrative therapies, offering holistic wellness that harmonizes body, mind, and spirit for an unparalleled experience.

Qualified Professionals

Our therapies are performed by highly qualified professionals, ensuring you receive the best care and expertise.

Health Measurement and Guidance

We measure your health at the beginning of your stay and throughout our therapies. We track your improvements and provide personalized guidance for continued wellness, along with follow-up support.

Enjoyable Wellness Experience

At Christell Life, we ensure that your wellness journey is not only beneficial but also enjoyable, making every moment of your stay a delightful experience.

Christell Life Signature Day Experiences

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Immerse yourself in our exclusive day-long wellness journeys, meticulously crafted to offer profound relaxation, rejuvenation, and revitalization. Each experience combines ancient Ayurvedic wisdom with modern therapeutic techniques to address your unique needs and preferences. From complete body therapy to targeted facial treatments, our Signature Day Experiences are designed to harmonize your body and mind, leaving you refreshed and invigorated.

Christell Life Signature Day Experiences

Swasthaya Body Therapy

- Personalized Wellness Consultation
- Shiro Abhyanga
- Abhyanga
- Pinda Sweda
- . Avagaha Sweda with Nourishing Herbal Ingredients
- Rebalance Facial (Expertly tailored to suit your unique skin type) •

Prana Rejuvenating Body Therapy

- Personalized Wellness Consultation .
- Śhirodhārā
- Udvartana
- Abhyanga
- Vaspa Sweda •
- Rejuvenating Facial (Expertly tailored to suit your unique skin type)

Glow & Polish Body Therapy

- Personalized Wellness Consultation
- Herbal Skin Exfoliation
- Pinda Sweda
- Lepana
- Avagaha Sweda with Fresh Herbal Flowers
- Brightening Facial (Expertly tailored to suit your unique skin type) •

De-Stress and Relax Ritual

- Personalized Wellness Consultation
- Śhirodhārā
- Aroma therapy Massage
- Lepana
- Avagaha Sweda with Fresh Herbal Flowers .
- Calming Facial (Expertly tailored to suit your unique skin type)

Essence of Serenity Couple's Retreat

- Personalized Wellness Consultation
- Whole Body Photobiomodulation therapy .
- Christell Signature Deep relaxation couple massage •
- Foot Ritual
- Renewal Facial (Expertly tailored to suit your unique skin type) .

240mins

240mins

240min

240min

10

Ayurveda Wellness Rituals

Experience the ancient art of Ayurveda in harmony with the healing power of Halotherapy. Our specialized Ayurvedic treatments, infused with indigenous herbs and traditional healing practices, are designed to rejuvenate your body, mind, and spirit. Combined with Halotherapy, where you breathe in micro-particles of salt in a controlled environment, the treatments enhance detoxification, respiratory health, and skin condition relief, while promoting deep relaxation. At Christell Life, where ancient wisdom meets modern wellness, find balance and well-being like never before.

Ayurveda Wellness Rituals

Śhiro Dhārā

(Eases stress and anxiety, Enhances mental clarity, Provides deep relaxation for the nervous system)

Experience profound relaxation and rejuvenation with our Śhirodhārā treatment, a time-honored therapy rooted in ancient Ayurvedic traditions. This luxurious ritual begins with a gentle, rhythmic stream of warm, herbal oil, delicately poured across the forehead, specifically targeting the "third eye" area. As the soothing oil flows, it calms the nervous system, alleviates stress, and promotes mental clarity.

Shiro Abhyaṅga

(Helps relieve tension in the head and neck, promotes healthy circulation, and alleviates headaches.)

A blissful retreat designed to alleviate tension and restore harmony. This therapeutic treatment combines invigorating strokes and gentle pressure to stimulate the scalp, relax the muscles, and soothe the senses. Using a blend of therapeutic herbal oils will release accumulated stress and promote deep relaxation. Perfect for easing headaches, improving circulation, and enhancing mental clarity, the Head Massage not only rejuvenate the scalp but also revitalizes your entire being. Allow yourself to unwind in a tranquil setting as our expert hands guide you to a state of serene calm and renewed energy.

Abhyaṅga (Neck to toe)

(Releases deep-seated muscle tension, restores energetic balance, and revitalizes the body and mind.)

Discover profound balance and harmony with our Ayurveda Body Massage, a traditional treatment deeply rooted in ancient Ayurvedic wisdom. This holistic therapy utilizes warm, herbal-infused oils tailored to your unique dosha (body type) to harmonize mind, body, and spirit. Our skilled therapists employ a combination of rhythmic strokes, kneading, and energy-balancing techniques to release deep-seated tension, improve circulation, and rejuvenate your entire being.

60 mins

60 mins

Udvartana with Vashpa sweda

(Promotes detoxification, reduces cellulite, improves muscle tone, supports weight loss, and boosts vitality and energy.)

This Ayurvedic treatment combines a herbal powder exfoliation with a stimulating massage to enhance circulation and detoxify the body. It helps reduce the appearance of cellulite, improve muscle tone, and support weight loss. The treatment is followed by Vashpa Sweda, a herbal steam therapy, to promote deeper relaxation and revitalization. Ideal for boosting vitality and energy levels, this therapy leaves you feeling refreshed and rejuvenated. Perfect for those seeking to enhance their body's natural detox processes.

Swedation

(Promotes relaxation, detoxifies the body, alleviates muscle stiffness, and improves circulation.)

Sweda Therapy encompasses a collection of traditional Ayurvedic treatments, each crafted to promote relaxation, detoxification, and overall well-being. These therapies utilize warm herbal poultices, medicated boluses, mineral-rich sand, and herbal steam to alleviate muscle stiffness, improve circulation, relieve tension, and draw out impurities. Whether seeking deep relaxation or revitalization, Sweda Therapy offers a pathway to renewed health and harmony through the profound benefits of Ayurvedic healing.

Lepana

(Soothes pain, reduces inflammation, and rejuvenates the skin, leaving you refreshed and restored.)

Revitalize your body with our Lepana , an Ayurvedic treatment that combines healing and relaxation in one luxurious experience. A specially formulated herbal paste, rich in therapeutic ingredients, is applied to soothe pain, reduce inflammation, and rejuvenate the skin. As the paste works deeply to draw out impurities and nourish your body, you'll feel a renewed sense of balance and vitality. Ideal for those seeking holistic relief from discomfort or a natural skincare boost, Lepana leaves you feeling refreshed, restored, and beautifully radiant.

60 mins

90 mins

Pada Abhyanga (Reflexology)

(Promotes relaxation, improves circulation, and helps to balance the body's energy.)

Revitalize your senses with Pada Abhyanga, a therapeutic Ayurvedic reflexology treatment that focuses on the feet. This indulgent therapy involves the application of soothing oils and targeted pressure to specific reflex points, enhancing overall health and well-being. By stimulating these points, the treatment promotes relaxation, improves circulation, and helps to balance the body's energy. Ideal for relieving stress, alleviating discomfort, and achieving a profound sense of rejuvenation.

Kati vasti

(Relieves chronic lower back pain, reduces stiffness and inflammation, and improves flexibility and mobility.)

Kati Vasti is an Ayurvedic therapy designed to provide targeted relief to the lower back. This soothing treatment involves placing a dough ring on the lower back and gently pouring warm, medicated herbal oil into it, allowing the oil to deeply penetrate and nourish the area. Kati Vasti helps alleviate chronic lower back pain, stiffness, and inflammation while improving blood circulation, muscle flexibility, and overall spinal health. Ideal for conditions such as sciatica and lumbar spondylosis, this therapy offers both immediate comfort and long-term healing benefits.

Avagaha Sweda

(Stimulates blood flow, Provides soothing relief from stress and tension)

Experience deep relaxation and detoxification with our Avagaha Sweda. This traditional Ayurvedic treatment involves a soothing herbal infusion bath designed to invigorate the body, enhance circulation, and promote overall wellness. Choose between an infusion with herbal ingredients or aromatic herbal flowers to tailor the experience to your preferences, leaving you feeling refreshed and rejuvenated.

30 mins

90 mins

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Panchakarma

Panchakarma, a cornerstone of Ayurvedic medicine, is a sophisticated detoxification process designed to purify and rejuvenate the body, mind, and spirit. You will be able to experience the primary Panchakarma treatments and specialized therapies within the Ayurvedic tradition that complements the Panchakarma process by targeting specific organs and enhancing overall well being. Our Panchakarma treatments and specialized therapies are supervised by experienced Ayurvedic practitioners who ensure a safe and transformative experience. Embrace this ancient practice to revitalize your health and well-being from the inside out.

Panchakarma

Nāśya

(Clears sinuses, relieves headaches, Enhances mental clarity)

Experience the rejuvenating effects of Nāśya, an Ayurvedic therapy that involves the gentle application of herbal oils or powders to the nasal passages. This treatment helps clear sinuses, relieve headaches, and enhance mental clarity, promoting overall respiratory health and well-being. Ideal for those seeking to refresh their senses and support respiratory function.

Aksi Tarpana

(Nourishes eye tissues, improves vision, Alleviates eye strain)

Indulge in Aksi Tarpana, a soothing Ayurvedic eye treatment designed to rejuvenate and protect your eyes. By immersing your eyes in a warm, medicated ghee, this therapy nourishes the delicate tissues, improves vision, and alleviates eye strain. Perfect for those looking to enhance eye health and achieve a sense of tranquility.

Vireka

(Promotes detoxification, Supports bowel function, Restores digestive balance)

Discover the cleansing benefits of Vireka, an Ayurvedic enema therapy that promotes detoxification and digestive health. This treatment involves the gentle infusion of herbal solutions into the rectum, helping to eliminate toxins, support bowel function, and restore balance. Ideal for those seeking a thorough internal cleanse and improved digestive wellness.

Wellness Massages & Rejuvenating Immersions

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Treat yourself to a blissful escape with our Wellness Massage Escapes at Christell Life. Choose from a selection of rejuvenating massage therapies, each designed to melt away stress and restore balance. Let our skilled therapists guide you on a journey of relaxation and renewal, leaving you feeling refreshed and revitalized.

Wellness Massages & Rejuvenating Immersions

Whole Body Photobiomodulation Treatment

(Enhances blood circulation, Reduces inflammation, Relieves muscle pain and tension)

Boost the benefits of your massage with our Whole Body Photobiomodulation Treatment, a state of-the-art infrared therapy designed to reduce pain, relax muscles, and improve blood circulation. This innovative light therapy uses infrared wavelengths to penetrate deep into your tissues, promoting cellular repair and enhancing your body's natural healing processes. Experience deeper relaxation and greater overall well-being by starting with Photobiomodulation before your massage.

Aroma therapy massage

(Enhances relaxation, Harmonizes mind, body, and spirit)

Elevate your senses and soothe your soul with our Aromatherapy Massage, a blissful journey designed to harmonize mind, body, and spirit. This luxurious treatment combines the therapeutic benefits of massage with the healing power of essential oils, chosen specifically for your needs. As you unwind in a tranquil environment, our skilled therapists use a blend of aromatic oils—crafted from pure, natural essential oils—to enhance relaxation and address various concerns.

Deep Tissue Massage

(Relieves chronic muscle tension, Improves circulation, Enhances flexibility and mobility)

Experience the profound relief and rejuvenation of our Deep Tissue Massage, designed to target deeper layers of muscle and connective tissue. This therapeutic treatment focuses on relieving chronic muscle tension, improving circulation, and promoting overall healing. The use of deeper techniques helps to release knots, alleviate chronic pain, and enhance flexibility. This massage works to break down adhesions and improve mobility, making it ideal for those with persistent muscle tension or post-injury recovery. Perfect for athletes, those with active lifestyles, or anyone seeking deeper relief, the Deep Tissue Massage leaves you feeling deeply relaxed, balanced, and revitalized.

60 / 90 mins

60 / 90 mins

Lymph Drainage Massage

(Boosts natural detoxification, Reduces fluid retention and swelling, Enhances immune function and overall vitality)

Revitalize your body with our Lymph Drainage Massage, a specialized treatment designed to enhance your body's natural detoxification processes. This gentle, yet effective massage focuses on stimulating the lymphatic system to promote the elimination of toxins, reduce fluid retention, and boost overall well-being. Our skilled therapists use light, rhythmic strokes and precise techniques to encourage the flow of lymphatic fluid, targeting key areas to reduce swelling and improve circulation. The treatment helps to enhance immune function, alleviate fatigue, and promote a sense of relaxation and vitality. Ideal for those seeking to support their body's natural detoxification, recover from surgery, or reduce bloating, the Lymph Drainage Massage leaves you feeling refreshed, light, and rejuvenated.

CryoCool Bath

(Reduces muscle soreness and joint pain, Stimulates blood circulation)

Immerse yourself in the invigorating chill of our CryoCool Bath, crafted to awaken your senses and rejuvenate your body. This refreshing cold-water soak boosts circulation, reduces muscle soreness, and leaves you feeling revitalized from head to toe. Perfect for those seeking a quick, revitalizing escape to enhance overall well-being.

Oxygen Therapy

(Enhances mental clarity and focus, boosts energy levels, and promotes relaxation)

Revitalize your wellness journey at our Oxygen Therapy, where you can enjoy the invigorating benefits of concentrated oxygen. Breathe in pure oxygen infused with calming aromas to enhance mental clarity, boost energy, and promote relaxation. Perfect for refreshing your body and mind, our Oxygen Bar offers a unique and uplifting experience.

Halotherapy

(Enhances respiratory and skin health, promotes detoxification, and provides deep relaxation.)

Halotherapy Experience the healing benefits of Halotherapy, a natural therapy that involves breathing in micro-particles of salt in a controlled environment. This treatment helps cleanse the respiratory system, improve lung function, and soothe skin conditions, leaving you feeling revitalized and refreshed. Perfect for enhancing overall well-being and promoting relaxation.

30 mins

20 mins

Where Beauty Meets Bliss Facial & Pedicure

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Embark on a journey of skin rejuvenation and blissful relaxation with our Facial and pedicure experience at Christell Life. Indulge in a bespoke facial treatment meticulously crafted to enhance your natural beauty and promote radiant skin. Let our skilled estheticians pamper you with personalized care, where every moment is a celebration of beauty and well-being.

Facial & Pedicure

Medi Facial

Mesoestetic Age Element

The Age Element Facial by Mesoestetic delivers a tailored anti-aging treatment, addressing specific epigenetic markers to target fine lines, wrinkles, and firmness loss. Utilizing advanced technologies and potent formulations, it rejuvenates the skin and enhances natural beauty, helping you look and feel your best at every age.

Professional Facial Perfect Creation

The Perfect Creation Facial by Dr. Irena Eris is an exceptional anti-aging treatment, blending advanced technology with luxurious ingredients to rejuvenate and restore youthful skin. It effectively targets fine lines, wrinkles, and loss of elasticity, offering a perfect fusion of science and luxury.

Korean Facial

24K Luxury Gold Therapy

Indulge in our luxurious gold facial, designed to rejuvenate and transform your complexion. Gold's revitalizing properties boost skin metabolism and detoxification, enhancing firmness and elasticity. Relax as its rich antioxidants and anti-inflammatory benefits work their magic, leaving your skin radiant, toned, and irresistibly smooth.

V Wonder Glow

Experience the ultimate rejuvenation with the V Wonder Glow Facial Revitalize, a cutting-edge treatment that combines PDO threads and Colloidal Gold for unparalleled skin enhancement. Designed to stimulate collagen production and improve skin elasticity, this therapy offers more than just a glowing complexion—it redefines facial contours with V-Line Magic Therapy.

Oxygen Glow

Experience the rejuvenating power of our Oxygen Glow Facial, designed to revitalize your skin using 90% purified oxygen within a hyperbaric chamber. This unique treatment not only enhances your skin's tone and texture but also boosts your immune system and effectively soothes acne-prone skin.

Luxurious Pedicure

Treat your feet to our luxurious pedicure, blending soothing massages, exfoliating scrubs, and hydrating masks. Relax in a serene setting as we leave your skin silky smooth and your feet refreshed, ensuring both beautiful toes and a deep sense of renewal.

90 mins

60 mins

90 mins

90 mins

90 mins

THE ELIXIR CLINIC

Nutritional IV Therapy

Indulge in luxury and wellness at The Elixir Clinic, **South Asia's First Service Provider** of the renowned international wellness franchise. Operating a wellness clinic in Sri Lanka since 2020, we bring extensive expertise and a global presence to offer safe and effective IV nutrient therapy designed to rejuvenate and restore your well-being. Boost your health with our IV Drips, delivering essential nutrients directly into your bloodstream for maximum effectiveness. Tailored to your specific health needs—whether enhancing energy, improving hydration, or supporting immunity our treatments combine vitamins, minerals, antioxidants, and fluids in a relaxing, efficient infusion. Perfect for combating fatigue, accelerating recovery, and enhancing skin health, our IV Drips offer a quick path to optimal wellness.

For a smooth and personalized experience, please secure your appointment by confirming at least 24 hours in advance.

VIP Elixir

(Boost your immunity and vitamins level, Increase fat metabolism, Improve your energy levels)

Elevate your wellness experience with our exclusive VIP IV Drips, a premier treatment designed for those seeking the ultimate in luxury and health optimization. This bespoke infusion combines a meticulously crafted blend of high-performance nutrients to deliver comprehensive support for your body and mind. Our VIP IV Drips are tailored to enhance energy levels, supports detoxification, boosts immune function, and promote radiant skin. Perfect for those who demand the best in health and wellness, our VIP IV Drips provide a rejuvenating escape that revitalizes your body, enhances your vitality, and leaves you feeling exceptional.

Immunity VitaDrip®

(Boost your immunity, Increase your energy levels)

Fortify your body's defenses with our Immunity IV Drips, a specialized infusion designed to enhance your immune system and support overall health. This revitalizing treatment delivers a potent blend of essential nutrients directly into your bloodstream, providing targeted support for immune function and overall well-being. Perfect for those looking to boost their immune response, recover from illness, or maintain optimal health, our Immunity IV Drips offer a quick and effective way to support your wellness.

Anti-oxidant VitaDrip®

(Improve your detoxification, Increase antioxidant effects in #the body)

Revitalize your body and protect your cells with our Antioxidant IV Drips, a powerful infusion designed to combat oxidative stress and promote overall wellness. This advanced treatment delivers a concentrated blend of antioxidants directly into your bloodstream, offering superior protection and rejuvenation. Ideal for those seeking to strengthen their immune system, combat signs of aging, or enhance their overall vitality, our Antioxidant IV Drips provide a quick and effective way to support your health and well-being.

Anti-aging VitaDrip®

(Increase your vitamins level, improve your hair, nail and skin health)

Rediscover youthful vitality with our Anti-Aging IV Drips, a sophisticated treatment designed to combat the effects of time and rejuvenate your body from the inside out. This advanced infusion delivers a potent blend of anti-aging nutrients directly into your bloodstream, ensuring maximum absorption and effectiveness. Ideal for those seeking to enhance their natural glow, combat signs of aging, or maintain a youthful appearance, our Anti-Aging IV Drips offer a revitalizing boost to your wellness regimen.

Diet & Detox VitaDrip®

(Balance your vitamins levels, Cleanses your liver and improve your liver health)

Cleanse and rejuvenate your body with our Diet and Detox IV Drips, a tailored infusion designed to support your health goals and enhance your body's natural detoxification processes. This revitalizing treatment delivers a powerful combination of nutrients directly into your bloodstream, helping to detoxify, balance, and energize. Perfect for those seeking to complement a healthy diet, jumpstart a detox regimen, or simply refresh and renew, our Diet and Detox IV Drips provide a quick and effective way to support your wellness journey.

Fitness VitaDrip®

(Increase your energy levels and improve your fat metabolisms)

Elevate your performance and recovery with our Fitness IV Drips, a targeted infusion designed to enhance physical endurance and support optimal recovery. This advanced treatment delivers a custom blend of essential nutrients directly into your bloodstream, providing your body with the vital support it needs to excel in both exercise and daily activities. Ideal for athletes, fitness enthusiasts, or anyone looking to improve their physical resilience, our Fitness IV Drips offer a convenient and effective way to enhance endurance, speed up recovery, and maintain peak performance.

Life VitaDrip®

(Enhances immune response, Aids in illness recovery)

Embrace a renewed sense of vitality with our Life IV Drips, an all-encompassing infusion designed to revitalize your overall health and well-being. This comprehensive treatment delivers a potent blend of essential nutrients directly into your bloodstream, providing holistic support for your body and mind. Perfect for those seeking to enhance their daily health, recover from stress, or simply rejuvenate, our Life IV Drips offer a revitalizing experience that supports your holistic well-being.

The Recharger VitaDrip®

(Enhances daily wellness)

Revitalize and rejuvenate with our Recharger IV Drips, a dynamic infusion designed to replenish your energy and boost overall vitality. This invigorating treatment delivers a carefully formulated blend of essential nutrients directly into your bloodstream, offering a quick and effective way to recharge your body and mind. Ideal for those needing an energy boost, recovering from a demanding schedule, or simply seeking to enhance their daily wellness, our Recharger IV Drips provide a convenient and powerful solution.

Hair, Nail & Skin VitaDrip®

(Reduce Hair fall and increase hair growth, Improve skin and nail health)

Enhance your natural beauty from within with our Hair, Nail & Skin IV Drips, a luxurious infusion designed to nourish and rejuvenate your body's most visible assets. This specialized treatment delivers a potent blend of essential nutrients directly into your bloodstream to support and enhance the health of your hair, nails, and skin. Ideal for those looking to boost their beauty regimen, recover from environmental damage, or simply maintain a youthful appearance, our Hair, Nail & Skin IV Drips offer a revitalizing solution for comprehensive beauty support.

Radiance VitaDrip®

(Improve skin health, Promote your skin glow)

Illuminate your inner glow with our Radiance IV Drips, a revitalizing infusion designed to enhance your skin's natural luminosity and overall vitality. This luxurious treatment delivers a powerful blend of essential nutrients directly into your bloodstream, promoting a radiant and youthful complexion from the inside out. Perfect for those seeking to refresh their complexion, combat signs of aging, or maintain a luminous appearance, our Radiance IV Drips provide a quick and effective way to enhance your natural beauty.

Libido Enhancer VitaDrip®

(Boosts libido and sexual health, Enhances energy levels)

Ignite your vitality and enhance your intimate wellness with our Libido Enhancer IV Drips, a targeted infusion designed to boost your libido and overall energy levels. This invigorating treatment delivers a potent blend of essential nutrients directly into your bloodstream, crafted to support sexual health and enhance physical vitality. Ideal for those looking to revitalize their intimate well-being, enhance energy levels, or improve overall sexual health, our Libido Enhancer IV Drips provide a convenient and effective way to rejuvenate.

Motherhood VitaDrip®

(Supports health during motherhood, Enhances postnatal recovery, Provides energy and vitality)

Nurture your well-being with our Motherhood IV Drips, a specialized infusion designed to support and enhance the unique health needs of mothers. This rejuvenating treatment delivers a carefully balanced blend of essential nutrients directly into your bloodstream, tailored to provide optimal support during the transformative journey of motherhood. Ideal for new mothers, expectant mothers, or those seeking to enhance their postnatal recovery, our Motherhood IV Drips offer a comprehensive solution to support your health and vitality.

Liver clenser VitaDrip®

(Enhances liver function, Supports natural detoxification)

Revitalize and support your body's natural detoxification process with our Liver Cleanse IV Drips, a specialized infusion designed to enhance liver function and promote overall detoxification. This invigorating treatment delivers a potent blend of nutrients directly into your bloodstream to support your liver's health and optimize its cleansing capabilities. Ideal for those seeking to support liver health, enhance detoxification, or recover from overindulgence, our Liver Cleanse IV Drips offer a comprehensive solution for optimal wellness.

Mood enhancer VitaDrip®

(Supports mental clarity, Promotes emotional balance, Uplifts overall well-being, Enhances stress resilience)

Elevate your mood and enhance emotional well-being with our Mood Enhancer IV Drips, a specialized infusion designed to support mental clarity and emotional balance. This revitalizing treatment delivers a targeted blend of essential nutrients directly into your bloodstream, crafted to uplift your mood and promote overall mental wellness. Ideal for those experiencing stress, seeking to improve their emotional balance, or looking for a natural way to uplift their mood, our Mood Enhancer IV Drips offer a quick and effective solution.

Menopause VitaDrip®

(Eases menopausal symptoms, Supports overall wellness, Enhances comfort and energy)

Navigate the transition of menopause with ease and support through our Menopause IV Drips, a specially formulated infusion designed to address the unique needs of this transformative stage. This revitalizing treatment delivers a targeted blend of essential nutrients directly into your bloodstream, aiming to balance hormones, alleviate symptoms, and enhance overall well-being. Ideal for those seeking to ease menopausal symptoms, support hormonal balance, or maintain overall wellness, our Menopause IV Drips offer a comprehensive solution.

Gut Health Support VitaDrip®

(Supports balanced digestion, Promotes overall vitality)

Promote digestive wellness and overall vitality with our Gut Health Support IV Drips, a specialized infusion designed to nourish and balance your digestive system. This rejuvenating treatment delivers a blend of essential nutrients directly into your bloodstream, crafted to enhance gut health and support overall digestive function. Perfect for those seeking to improve digestive health, alleviate gastrointestinal discomfort, or enhance overall well-being, our Gut Health Support IV Drips offer a comprehensive solution.

Fertility Support VitaDrip®

(Optimizes reproductive health, Supports fertility, Enhances overall wellness)

Enhance your journey to optimal reproductive health with our Fertility Support IV Drips, a specialized infusion designed to provide comprehensive support for fertility and overall wellness. This tailored treatment delivers essential nutrients directly into your bloodstream, aiming to optimize reproductive function and support overall vitality. Ideal for those looking to boost fertility, support reproductive health, or enhance overall well-being, our Fertility Support IV Drips offer a holistic approach to nurturing your reproductive journey.

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Beauty add-on Aesthetic Treatment

Discover a new dimension of beauty with our premium aesthetic treatments, designed to rejuvenate, refresh, and enhance your natural allure. Guided by our expert medical practitioners, each treatment is crafted to deliver luxurious, personalized results that celebrate your unique beauty. Whether you seek a youthful glow, smoother skin, or fuller hair, our tailored approach ensures exceptional outcomes.

Reimagine your beauty journey with confidence!

For a smooth and customized experience, please secure your appointment by confirming at least 24 hours in advance.

Beauty add-on Aesthetic Treatment

Botox

Refresh your look with Botox, expertly crafted to smooth wrinkles and fine lines. Our skilled professionals deliver safe, natural-looking results to enhance your youthful glow and boost confidence. Achieve your aesthetic goals and enjoy a renewed appearance.

Fillers

Enhance your appearance with our expert facial fillers, crafted to restore volume, smooth fine lines, and define facial contours. Whether you're aiming for fuller lips, reduced wrinkles, or sculpted cheeks, our tailored solutions offer safe and effective results.

Mesotherapy

Experience a radiant complexion with our mesotherapy treatment, which uses microinjections of vitamins, minerals, and hyaluronic acid to nourish and enhance your skin. This targeted approach helps restore elasticity, reduce fine lines, and improve skin texture for your skincare goals.

PRP for skin & hair

PRP uses your body's natural healing to boost collagen production, revealing a radiant complexion and smoothing fine lines. For hair, it encourages growth and thickness for a fuller look. Ideal for rejuvenating skin or enhancing hair vitality, PRP provides non-surgical, lasting results to enhance your natural beauty.

Stem cell therapy skin & hair

Our stem cell therapies harness regenerative power to rejuvenate skin, reduce wrinkles, and restore youthful radiance. For hair, these treatments stimulate follicles to promote thick, healthy growth. Experience cutting-edge care designed to enhance both skincare and haircare.

Aqua gold therapy

Our exclusive microneedling treatment uses custom serums and 24-karat goldplated needles to deliver vitamins, antioxidants, and hyaluronic acid deep into your skin. This blend enhances collagen production and elasticity, leaving your complexion rejuvenated and radiant. Enjoy a transformative experience that enhances your skin's natural glow.

Wellness Consultations & High-Tech Insight Diagnostic

Anti-Aging Consultation

Experience a personalized approach to rejuvenating your skin and boosting your confidence. This consultation includes a comprehensive skin assessment and tailored recommendations for non-surgical treatments such as Botox, dermal fillers, and advanced face treatments to effectively address signs of aging. You'll receive expert guidance on a customized skincare routine and lifestyle adjustments to support long-term skin health, maintain a youthful, radiant appearance, and enhance your confidence.

Nutrition IV Therapy Consultation

Unlock the benefits of optimal nutrition with our Nutrition IV Therapy Consultation. Our experts will assess your individual needs and design a tailored treatment plan to enhance nutrient absorption, boost your immune system, increase energy levels, and improve hydration. Schedule your consultation today and take the first step towards achieving your health goals!

Nutritional Consultation

Achieve optimal health and well-being with our Nutritional Consultation. Our nutrition experts assess your current diet, lifestyle, and health concerns to provide a personalized nutritional plan. Whether you are looking to lose weight, improve digestion, or address specific health conditions, this consultation offers the guidance you need to meet your nutritional needs and wellness goals.

Mineral Tissue Analysis

(Track your mineral level, Find your deficiencies and nutritional requirements)

Track your mineral and heavy metal levels identify nutritional deficiencies with our Oligo Scan. This advanced, non-invasive diagnostic tool analyzes your skin and tissues to provide insights into essential minerals and toxic metal burdens. Perfect for optimizing your nutritional health, the Oligo Scan helps create tailored wellness and detoxification plans based on actionable findings.

Bioelectrical Impedance Analysis (BIA)

Gain valuable insights into your body composition with our BIA Analysis. This cuttingedge technique uses bioelectrical impedance to measure key metrics such as body fat percentage, muscle mass, and hydration levels. The analysis provides a detailed overview of your body's composition, helping you understand your health status and make informed decisions about your wellness and fitness goals.

Christell Life Etiquette

Operating Hours

We welcome guests from 8:00 AM to 8:00 PM daily. To ensure the best experience, please schedule your appointments within these hours. The last appointment of the day is at 6:00 PM.

Arrival Time

We recommend arriving at least 15 minutes before your scheduled appointment to relax and complete any necessary forms. Late arrivals may result in reduced treatment time, with full fees still applying.

Prior Arrival Preparation

To enhance the effectiveness of our treatments, we kindly request that you take a shower prior to arrival. This allows the treatments to be fully absorbed and improves your experience.

Booking Confirmation

To confirm your booking for the wellness Programmes, a deposit of 50% of the total service cost is required. For bookings that include accommodation 100% deposit is required at the time of confirmation. Notify 24 hours in advance for cancellations; otherwise, a 50% fee is charged.

Jewelry and Valuables

For your convenience, we recommend securing any valuable items, such as jewelry, in the safe locker provided in your suite. Mobile phones and electronic devices are not permitted inside the treatment areas to ensure a peaceful and undisturbed environment.

Attire

We provide comfortable robes, towels, and slippers for all treatments. However, we recommend wearing light, loose-fitting clothing that can easily be changed before and after your treatment.

Health Conditions

Inform staff of any medical conditions or pregnancy before treatments.

Respect for Other Guests

To maintain a serene environment, we ask that conversations and noise be kept to a minimum, respecting the tranquil atmosphere that Christell Life strives to provide.







Christell Life PVT. LTD. Aditya Resort, No 719/1, Colombo - Galle Main Rd, Rathgama, Sri Lanka

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